



## **Interschool Cross Country**

Dear Parents and Caregivers,

On Tuesday 5<sup>th</sup> June, \_\_\_\_\_ will join Russell Street Schools Cross Country team and other Manawatu schools in the Interschool Cross Country Competition held at Massey University, Palmerston North.

As some of you may be aware Russell Street School have a scheduled Teacher Only Day on the 5<sup>th</sup> June. All staff will be off site so the team will be meeting Moana in the staffroom at 10.30am but no later than 10.45am, ready to catch the bus. Children will return to school by 2.30pm ready for pick up. If this causes you any problems, please contact us as soon as possible and we will be happy to help arrange some other alternatives.

The children will be traveling by bus, leaving school at 11.00am sharp accompanied by Moana and a couple parent helpers. We will be sharing a bus with Cloverlea School and therefore the bus will be full. Once there, children will get the opportunity to walk the track before races begin. You will be notified on the morning of the event before 9.30am if it is postponed.

The races are as follows:

12.20pm	Briefing with schools
12.40pm	Event 1 – Year 5 Girls
1.00pm	Event 2 – Year 5 Boys
1.20pm	Event 3 – Year 6 Girls
1.40pm	Event 4 – Year 6 Boys
2.00pm	Prize-giving
2.15pm	Depart
2.30pm	Return to school

Spectators are welcome and advised to stay within the designated area. Parking is available at the gravel car park behind the Sports Institute. This will also be where buses will drop off and pickup children. The entrance to Massey on Old West Road will be closed from 12.30-2pm for the safety of the runners.

Your child needs to be equipped with lots of lunch and water for the day. Some warm or spare clothes are recommended and all children will be required to wear their Russell Street School tracksuit for travel. If they have not already got one issued to them, one will be sorted before the day. Appropriate footwear is essential but not compulsory. There are stones and prickles along the course. Safety choices are up to the individual runner. Inhalers or other medications will be the responsibility of the runners, otherwise please let us know how we can support them with this.

Please contact us for any queries or questions. Similarly, if you are keen to offer parent help on the day email [ebony@russellst.school.nz](mailto:ebony@russellst.school.nz) or come and see Ebony, Moana or James anytime.

Kind Regards  
The Sports Management team